



# **Beaconhouse National University**

## ***Institute of Psychology***

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## **MS Clinical and Counseling Psychology**

### **SAMPLE ADMISSION TEST**

#### **Institute of Psychology**

- 1) What is a defense mechanism?
  - a. Any form of martial arts.
  - b. A mechanism designed to reduce stress and conflict caused by specific experiences
  - c. A method for negotiating a stage of development
  - d. A mechanism designed to remove psychological barriers.
- 2) An example of classical conditioning is:
  - a. Rat presses lever for delivery of food.
  - b. Dog learns to salivate on hearing bell.
  - c. Pigeon pecks at key for food delivery.
  - d. Dogs learn helplessness from electric shocks.
- 3) Which of the following is not a treatment developed from classical conditioning principles?
  - a. Flooding
  - b. Token economy
  - c. Systematic desensitisation
  - d. Aversion therapies
- 4) Comorbidity explains the notion that:
  - a. People suffering with the same psychopathology die at the same time.
  - b. Sufferers exhibit a chronic fear of death.
  - c. Depression always happens in the winter.
  - d. Differentially defined disorders can co-occur.
- 5) Which of the following disorders involves physical complaints or disabilities that occur in the absence of physical pathology?
  - a. Anxiety disorders
  - b. Cognitive disorders
  - c. Somatic symptom and related disorders
  - d. Dissociative disorders