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Institute of Psychology

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MS Clinical and Counseling Psychology

SAMPLE ADMISSION TEST

Institute of Psychology

- 1) What is a defense mechanism?
 - a. Any form of martial arts.
 - b. A mechanism designed to reduce stress and conflict caused by specific experiences
 - c. A method for negotiating a stage of development
 - d. A mechanism designed to remove psychological barriers.

- 2) An example of classical conditioning is:
 - a. Rat presses lever for delivery of food.
 - b. Dog learns to salivate on hearing bell.
 - c. Pigeon pecks at key for food delivery.
 - d. Dogs learn helplessness from electric shocks.

- 3) Which of the following is not a treatment developed from classical conditioning principles?
 - a. Flooding
 - b. Token economy
 - c. Systematic desensitisation
 - d. Aversion therapies

- 4) Comorbidity explains the notion that:
 - a. People suffering with the same psychopathology die at the same time.
 - b. Sufferers exhibit a chronic fear of death.
 - c. Depression always happens in the winter.
 - d. Differentially defined disorders can co-occur.

- 5) Which of the following disorders involves physical complaints or disabilities that occur in the absence of physical pathology?
 - a. Anxiety disorders
 - b. Cognitive disorders
 - c. Somatic symptom and related disorders
 - d. Dissociative disorders